



Teacher's Guide



A-Z of Sporting Heritage

Overview

This fun, flexible and creative resource, inspired by The British Museum and Radio 4's project 'A History of the World in 100 Objects', can be used in Key Stage 2 to enrich learning in relation to the National Curriculum History and Art Programmes of Study.

In particular:

History – Key Stage 2

Pupils should continue to develop a chronologically secure knowledge and understanding of British, local and world history, establishing clear narratives within and across the periods they study. They should note connections, contrasts and trends over time.... They should regularly address and sometimes devise historically valid questions about change, cause, similarity and difference, and significance. They should construct informed responses that involve thoughtful selection and organisation of relevant historical information.

Pupils should be taught about:

a study of an aspect or theme in British history that extends pupils' chronological knowledge beyond 1066

Art – Key Stage 2

Art and design education should engage, inspire and challenge pupils, equipping them with the knowledge and skills to experiment, invent and create their own works of art, craft and design.

The national curriculum for art and design aims to ensure that all pupils:

- produce creative work, exploring their ideas and recording their experiences
- become proficient in drawing, painting, sculpture and other art, craft and design

The **core activity** involves students using cards to match illustrations of often 'quirky' sporting objects or artefacts representing each letter of the alphabet to a description of what they are. Alternatively, or in parallel, a PowerPoint version of all the objects can be used for whole class discussion.

Students can work individually, in groups or as a class to cover all letters of the alphabet to produce their own versions of the illustrations and descriptions as an ‘Exhibition’ or display, organised chronologically or thematically.

‘Thinking further’ cards about each object or artefact provides enrichment and extension activities in relation to its wider thematic significance – or related ‘stand alone’ enquiries. A common activity in all is the invitation for students to have fun finding another - perhaps unusual or unexpected - historical sporting object starting with the same letter and illustrate and describe it.

Aims

- To develop curiosity, fun and enjoyment in exploring learning about the past from artefacts and objects
- To use sporting objects and artefacts to explore wider, thematic learning about the past, including concepts such as change, similarity and difference and significance
- To promote creativity and experimentation

Guide to ‘Thinking further’ activities

Letter	‘Thinking further’ Activities and Ideas
A	<ul style="list-style-type: none">• This offers an opportunity to consider a wide range of technology and its impact on sport, for example the use of VAR or Hawk-Eye, GPS player-tracking, wearable technology for fitness, big screens in stadiums• The social benefits of sport could be explored in relation to friendship, belonging etc.• Other items beginning with A as prompts could include, for example: an American Football, Angling tackle, Athletics kit, Andy Murray’s tennis racket
B	<ul style="list-style-type: none">• Students can explore the origins of the game at Rugby School and the story relating to William Webb Ellis who in 1823 is claimed to have picked up and run with a football (Note the Rugby World Cup Trophy is called the William Webb Ellis Trophy – see W)• The Women’s Rugby resources on the Sporting Heritage site offer stand alone activities and extension: https://www.sportingheritage.org.uk/content/what-we-do/education/womens-rugby-resource-key-stages-3-and-4• Other items beginning with B as prompts could include, for example: Baseball bat, a Relay Baton, Batting/Boxing gloves, Billy Jean King’s glasses, Jonnie Peacock’s running blade
C	<ul style="list-style-type: none">• There are numerous sites which provide good and accessible information on Badminton’s long-term origins in Greece and Asia and the relationship of its 19th Century name to the Duke of Beaufort’s residence in Gloucestershire – Badminton House

	<ul style="list-style-type: none"> Other items beginning with C as prompts could include, for example: a Caber, Chess piece, Croquet Hoop or Mallet, Ronnie O'Sullivan's Snooker Cue
D	<ul style="list-style-type: none"> Some controversy around Stella McCartney's design focused on the deconstruction of the Union Jack and the use of different shades of blue so that some thought it was unrecognisable. See for example: https://www.hollywoodreporter.com/lifestyle/style/stella-mccartney-responds-criticism-her-british-olympic-team-uniforms-poll-303393/ Team GB's website offers a great overview of the development of kit over the years: https://www.teamgb.com/article/125-years-of-team-gbs-dedicated-following-of-fashion/3sa3x4iRPy5y6subw0okA The site also provides a good starting point for further research into Tom Daly's career: https://www.teamgb.com/article/125-years-of-team-gbs-dedicated-following-of-fashion/3sa3x4iRPy5y6subw0okA Other items beginning with D as prompts could include, for example: Fallon Sherrock's Darts, a Discus (thrown by Al Oerter), Daley Thompson's Team GB vest worn during the Olympic Decathlon in 1984, a Dick Kerr's Ladies F.C club badge
E	<ul style="list-style-type: none"> There are plenty of sites which chart the history of the game that students can be signposted to e.g. https://www.britannica.com/sports/squash-rackets https://www.worldsquash.org/a-sport-with-history/ Other items beginning with E as prompts could include, for example: An England Lionesses football shirt, England Rugby Cap, Equestrian Three Day Event fence
F	<ul style="list-style-type: none"> There are plenty of sites that chart the history and development of Fencing that students can use e.g. https://www.britishfencing.com/brief-history-of-fencing/ Other items beginning with F as prompts could include, for example: Figure-Skating boots, a fixture list, an advertisement for Fantasy Football, Fanny Blankers-Koen's number from the 1948 London Olympics, a Ferrari motor-racing badge
G	<ul style="list-style-type: none"> The Goalball UK site provides the best starting point for students' further research: https://goalballuk.com The international Paralympic website https://www.paralympic.org/ipc/history provides a great basis for students to further explore the history and development of the Paralympic Games from Dr Ludwig Guttmann's work at Stoke Mandeville Hospital at the end of the Second World War. A basic timeline can be found here: https://www.theweek.co.uk/sport/paralympics/953889/a-history-of-the-paralympics Other items beginning with G as prompts could include, for example: a Games Maker Uniform from London 2012, a Gaelic Football, a goal-keeping glove, Gymnastic apparatus
H	<ul style="list-style-type: none"> The following site offers a good starting point for further research into the history of the game: https://www.historic-

	<p>uk.com/HistoryUK/HistoryofScotland/The-History-of-Golf/ The official site of the R&A provides further detail and heritage links: https://www.randa.org</p> <ul style="list-style-type: none"> • Other items beginning with H as prompts could include, for example: Princess Anne's Horse-riding helmet, a Handball, Kate Richardson-Walsh's 2012 Team GB Hockey shirt
I	<ul style="list-style-type: none"> • Roger Bannister personally describes his achievement, with footage and references the Church Flag in this short video: https://www.youtube.com/watch?v=jnT0OVXbV04 • A good starting point for his life and wider achievements as an eminent neurologist can be found here: https://achievement.org/achiever/sir-roger-bannister-2/ • There are a number of videos and infographics showing the evolution of the World Mile Record. The following offer a starting point for students' research: https://www.maa.org/sites/default/files/images/upload_library/3/osslets/100multiParameterAnimation/mile_record_scatter.html • Focusing on the related but wider concept of 'breakthroughs' in the 1950s could include the first ascent of Everest, the beginnings of the 'Space Race', changes in popular music and culture – Elvis Presley etc. • Other items beginning with I as prompts could include, for example: an Ice Hockey Helmet, stick or puck, Ian Botham's cricket bat
J	<ul style="list-style-type: none"> • An opportunity here for linked work to 'B' on the origins and history of Rugby – groups could be combined. Rugby School's website has a History section: https://www.rugbyschool.co.uk/about/history/ • A good starting point for students on the Wars of the Roses can be found here: https://kids.britannica.com/kids/article/Wars-of-the-Roses/353912 • A starting point for finding about how Rugby jerseys have developed and the use of technology can be found here: https://www.rugbydump.com/news/the-evolution-of-rugby-jerseys-over-the-years/ • Other items beginning with J as prompts could include, for example: the Judogi or Judo suit, a Jockey's whip
K	<ul style="list-style-type: none"> • The following site provides a good overview and starting point: https://www.bustle.com/articles/142759-what-womens-tennis-has-looked-like-through-history-because-women-have-been-part-of-this-sport • Other items beginning with K as prompts could include, for example: a Karate Black Belt, Laura and Jason Kenny's Gold Medals, a Keirin cycle
L	<ul style="list-style-type: none"> • An opportunity here for linked work to 'H' on the origins and history of Golf. For the development of the Golf Ball itself possibly start with: https://www.foundgolfballs.com/pages/history-of-the-golf-ball - or these videos: https://www.youtube.com/watch?v=LujVYDjphPg https://www.golfchannel.com/video/evolution-golf-ball • A starting point for unusual animal stories in sport could be that of 'Pickles' the dog who found the stolen World football Cup in 1966: https://www.youtube.com/watch?v=nQjZagahHKU

	<ul style="list-style-type: none"> The Lionesses is the nickname for the England women's football Team. The official website is https://www.englandfootball.com/womens-senior-team/home Other items beginning with L as prompts could include, for example: a Lacrosse Stick, a Luge, Bob Beamon's Long Jump spikes from the 1968 Olympics
M	<ul style="list-style-type: none"> For the Rome Paralympics in 1960 students could start here: https://www.paralympic.org/rome-1960 There is also the opportunity to link to activities in G, which explore the wider development of the Paralympic Games and groups could be combined The NHS site offers a starting point for discussion about diet and nutrition in sport: https://www.nhs.uk/live-well/eat-well/food-and-drinks-for-sport/ Other items beginning with M as prompts could include, for example: a Mountain Bike, Mo Farah's arm sleeves, Diego Maradona's football boots, the Mandeville London 2012 Paralympic Games Mascot
N	<ul style="list-style-type: none"> The following site provides an overview of the history of the game for students to start their research: https://netball.sport/game/history-of-netball For the rules of the game, this video is a good start: https://www.youtube.com/watch?v=aBuxsRnU50A For the history and development of women's sportswear this BBC article offers a starting point: https://www.bbc.co.uk/news/world-41742378 Or this: https://www.today.com/slideshow/women-s-fashion-sports-through-years-t156924. There is also a potential opportunity to combine with activities in K. Other items beginning with N as prompts could include, for example: a Nike Waffle Trainer from 1972, Martina Navratilova's head band, table tennis net
O	<ul style="list-style-type: none"> Research opportunities here to link to the development of the Suffrage Movement for example, and explore concepts of continuity and change Also a potential opportunity to join up with groups working on N and/or K. Other items beginning with O as prompts could include, for example: an Orienteering map and compass, the Olympic Flag
P	<ul style="list-style-type: none"> There is an abundance of research material on The Industrial Revolution. This video offers an interesting perspective on changes to recreation time https://www.youtube.com/watch?v=JUg-CHZj0KI The following site offers an overview introduction to the history of horse racing: https://www.greatbritishracing.com/about/history/ Other items beginning with P as prompts could include, for example: a Putter, Pele's football boots, a Polo Mallet
Q	<ul style="list-style-type: none"> There is plenty of recent material on Ted Dexter, who passed away aged 86 in August 2021. Linda Seward's website can be found at: http://www.lindaseward.com Other items beginning with Q as prompts could include, for example: a Quidditch quaffle, a Quaterback's American Football helmet
R	<ul style="list-style-type: none"> Examples of other campaigners could include Billy Jean King (Tennis – gender equality), Muhammed Ali (Boxing - Vietnam War/Civil Rights), Arthur

	<p>Ashe (Tennis – Civil Rights), Colin Kaepernick (American Football – Black Lives Matter) Tommie Smith and Jon Carlos (Athletic/1968 Olympics – Civil Rights)</p> <ul style="list-style-type: none"> Other items beginning with R as prompts could include, for example: a Rowing Oar, a Boxing Ring, a Rugby League shirt, Henry VIII playing Real Tennis (Hampton Court)
S	<ul style="list-style-type: none"> The Highland Folk Museum site referenced in the resource is a great starting point. The following videos are also helpful: https://www.youtube.com/watch?v=gNi1fph5QNg https://www.youtube.com/watch?v=Os7jvv36Yfk Other items beginning with S as prompts could include, for example: a Skateboard, a Surfboard, a Shooting Target, Golf Shoes
T	<ul style="list-style-type: none"> The two links referenced provide further detail The following site is a good, concise starting point for other famous trophies: https://www.olympia.com.au/corporate/blog/famous-sports-trophies Other items beginning with T as prompts could include, for example: a Triathlon suit, a Table Tennis bat, a Taekwondo helmet
U	<ul style="list-style-type: none"> There are numerous sites featuring Mascots, although many focus exclusively on American sports. The following official Olympics site covers all Olympic mascots: https://olympics.com/en/olympic-games/olympic-mascots Other items beginning with U as prompts could include, for example: Usain Bolt's golden spikes, an Ultimate Frisbee
V	<ul style="list-style-type: none"> There are numerous sites listing the 'greatest' female Tennis players of all time. There are also many sites featuring protective headgear in sport – an opportunity for an extended discussion about the reasons for its use Other items beginning with V as prompts could include, for example: a Volleyball, Venus Williams' tennis racket
W	<ul style="list-style-type: none"> There are numerous sites exploring the relationship between technology and sport. A potential opportunity here to combine with groups working on activities in A Other items beginning with W as prompts could include, for example: a Weightlifting Bar, a Windsurfing Board, a Whistle, a Water Polo Cap, the Webb Ellis Rugby World Cup Trophy, the Wenlock London 2012 Olympic Mascot
X	<ul style="list-style-type: none"> There are plenty of sites about Mill Reef and the following video provides a good starting point: https://www.youtube.com/watch?v=2jFudeZOUVw. There are also plenty of lists of famous racehorses, including https://www.horseandhound.co.uk/features/famous-racehorses-752953. Red Rum and the story about Jockey Bob Champion and Aldaniti in 1981 might provide good areas of focus and interest Other items beginning with X as prompts could include, for example: X-County runners, an X Games poster

Y	<ul style="list-style-type: none"> • There are numerous sites and videos about 'Yogi' Berra and the history of Baseball. Berra was also famous for his sayings, which could provide a further focus • Other items beginning with Y as prompts could include, for example: a racing Yacht, the Americas Cup (for Yachting)
Z	<ul style="list-style-type: none"> • There are plenty of sites exploring the growth of Football from the late-19th Century, which provide the context for the expansion and focus of William Sykes' business. The following site provides a good starting point for the development of the football and football technology: https://www.football-stadiums.co.uk/articles/football-size-and-history/ • There are potential links to combine activities with groups working on the relationship between sport and technology in relation to A and W • Other items beginning with Y as prompts could include, for example: Zinedine Zidane's football boots, Zipper running spikes

Museums and Sporting Heritage organisations involved:

- R & A World Golf Museum
- National Paralympic Heritage Trust
- National Football Museum
- Highland Folk Museum
- World Rugby Museum
- National Horse Racing Museum
- Hockey Museum
- Marylebone Cricket Club
- National Fencing Museum
- Wakefield Castles and Museum
- Wimbledon Lawn Tennis Museum
- World Squash Archive