



# A

Artificial  
Turf

## Thinking further



- The development of Artificial Turf and its use in Hockey is a good example of the way in which technology has changed a sport. Can you think of examples of ways in which technology has changed the ways in which other sports are played or supported? Produce a display showing some of these changes.
- What is the 'social part' of sport. Why is it so important? Discuss your ideas and produce a poster explaining why getting involved in sport can be so positive.
- Can you think of another object from the sporting past beginning with 'A' that you can illustrate and describe?



# B

## Ball

### Thinking further



- The shape, size and materials used to make Rugby balls have changed over the years as the game has also grown. Find out more about where, when and why Rugby first started to be played. Produce a display about the origins of the game.
- Create a timeline or display for your classroom to show how the game has developed over time. Make a video 'documentary' if you prefer!
- Go to the Sporting Heritage website and look at the section on Women's Rugby <https://www.sportingheritage.org.uk/content/what-we-do/education/womens-rugby-resource-key-stages-3-and-4>. Produce a timeline or display to show the history of the women's game.
- Can you think of another object from the sporting past beginning with 'B' that you can illustrate and describe?



# C

## Chicken Feather

(Shuttlecock)



## Thinking further

-  Shuttlecocks are used in Badminton. The game was originally called 'Battledore'. Find out more about where and how the game started and why it has the name it does now. Record what you have discovered.
-  Can you think of another object from the sporting past beginning with 'C' that you can illustrate and describe?



# D

## Diving trunks



## Thinking further



- Look at the design of the trunks and the colours that are used. Why do you think that this might have caused some controversy when the kit was first shown before the London 2012 Games?
- Research the kits worn by Team GB Athletes over the years. How have they changed? Produce a illustrated timeline showing the development of these kits.
- Design you own Team GB Kit for the next Olympic and Paralympic Games in Paris in 2024.
- Tom Daly is Britain's most successful ever Diver. Produce a display celebrating all that he has achieved.
- Can you think of another object from the sporting past beginning with 'D' that you can illustrate and describe?

# E

## Early Squash Racket



### Thinking further



- Squash got its name in the 1830s when pupils at Harrow School played an older game called 'Rackets' with a punctured ball which 'squashed' when hit a wall it was struck against.
- Find out more about where the game of Rackets came from and use this to produce a display called 'The History of Squash'.
- Can you think of another object from the sporting past beginning with 'E' that you can illustrate and describe?

# F



Fencing  
Sandals

## Thinking further



- Today, it is believed that the tip of a fencing weapon is the second fastest-moving object in sport... after a bullet!
- Why do you think fencing began to develop as a sport?
- How and why has fencing changed over the years?
- Produce a cartoon strip, timeline or display to show what you have found out.
- Can you think of another object from the sporting past beginning with 'F' that you can illustrate and describe?

# G

## Goalball



## Thinking further

- Goalball is one of many Paralympic sports. Find out about the rules of Goalball and produce a poster summarising how the game is played.
- Why, where and when did the Paralympic Games start? Produce a display to explain its origins and how it has developed to the present day.
- Can you think of another object from the sporting past beginning with 'G' that you can illustrate and describe?

# H

Hole cutter  
(For Golf)



## Thinking further



- The Royal and Ancient Golf Club of St Andrews in Scotland was founded on 14 May 1754 to organise a competition for a Silver Club. From the late 19<sup>th</sup> century onwards, the Club increasingly came to be seen as a governing body for the game, setting its rules both in the United Kingdom and abroad
- When and where did the game of Golf start? How did it develop and change over time? Produce a display to illustrate what you have found out.
- What does the term 'Bogey' mean in Golf? Find out the meaning of other terms like 'Eagle' and 'Birdie'? Where do they come from?
- From 1891 Golf Holes had to be 4 ¼ inches in diameter and at least 4 inches deep. Work out what this is in cm and mm?
- Can you think of another object from the sporting past beginning with 'H' that you can illustrate and describe?

# I



## Iffley Road Church

### Thinking further



- 6 May 1954 is still seen as one of the greatest days in the history of sport. There are plenty of accounts of what happened on that special day, and how Roger Bannister broke the record in the race.
- Do some further research and produce a cartoon strip to show how events unfolded.
- Roger Bannister became famous for being the first person in history to run a mile in under 4 minutes. But he achieved more in his life too. Find further information about him and produce a display on his life and achievements.
- Since Roger Bannister first broke the four-minute mile barrier in 1954, the record has been lowered by almost 17 seconds to where it stands today. Research and produce a display or chart to show how the record has been lowered over the years by different athletes.

# J



Jersey

Rugby Shirt

## Thinking further



- Find out why Rugby School is so important in the development of the game of Rugby. Record what you have found.
- Research the Wars of the Roses. When were they? Why were they so important in English history?
- How has technology changed the production of modern rugby shirts?
- Can you think of another object from the sporting past beginning with 'J' that you can illustrate and describe?

# K



Knickers  
(Tennis)

## Thinking further



- Today Tennis is one of the few professional sports where the earning potential of male and female players is now equal.
- When did women first play tennis?
- Why do you think that Tennis has developed as one of the first professional sports where women players are as famous as their male counterparts? Record what you have found out.
- Find out more about how and why the clothes worn by women to play tennis have changed over time. Why do you think the knickers designed by Ted Tinling for Gussy Moran in 1949 caused such controversy? Discuss your thoughts with the group.
- Can you think of another object from the sporting past beginning with 'K' that you can illustrate and describe?

# L



Lioness Ball  
(Golf)



## Thinking further



- Find out more about how golf ball design has changed over time, through to the modern design that was almost eaten by Whit! Produce an illustrated display or timeline to show what you have found out.
- Research other times and events where animals have been unexpectedly or unusually involved in sport in a strange way! Write page about them.
- 'Lionesses' is now the nickname of another team in a different sport. Find out which one and how the team got their nick-name.
- Can you think of another object from the sporting past beginning with 'L' that you can illustrate and describe?

# M



Menu  
(Paralympics  
Rome)

## Thinking further



- Find out more about the 1960 Rome Paralympics and produce a display or poster to explain why they were so important.
- Diet plays an important part in an athlete's life – and a healthy lifestyle for us all. What are the features of a healthy diet? Produce an information poster to promote healthy eating to share with the class.
- Can you think of another object from the sporting past beginning with 'M' that you can illustrate and describe?

# N



Netball

Bib

## Thinking further



- Research the rules of Netball and produce a display summarising how the game is played for someone who has never played it, including what all the initials on Netball bibs stand for.
- Find out more about the history of Netball and produce a wall display to show how the game has changed from its origins at the end of the 19th Century to the present day.
- How has the clothing, uniforms and kit worn by women to play sport since the nineteenth century through to the present day changed and what might this tell us about other changes in society? Research further and produce a display on what you have found out.
- Can you think of another object from the sporting past beginning with 'N' that you can illustrate and describe?

O

# One Piece fencing Jacket



## Thinking further



- Find out more about how and how far women's involvement in sport changed during the Edwardian Era. Make a display to show what you have found out.
- How else were Women's lives changing between 1901 and 1914? Add what you find out the display – or make a separate one.
- Can you think of another object from the sporting past beginning with 'O' that you can illustrate and describe?

# P



Pontefract  
racing pass

## Thinking further



- The area around Pontefract was a very important centre of the Industrial Revolution. Find out what the 'Industrial Revolution' was, when it happened and why West Yorkshire was so important to it and produce a display to show your findings.
- Pontefract Racecourse was built in the early nineteenth century as the town became wealthier during the Industrial Revolution. Research more about how the Industrial Revolution changed and developed other sports and produce a display called 'The Industrial Revolution and Sport'.
- Research the history of horse racing and produce a display or illustrated timeline to show what you have found out.
- Can you think of another object from the sporting past beginning with 'P' that you can illustrate and describe?

# Q



## Quilt

(Made of cricket  
ties)



## Thinking further



- Dexter, known as “Lord Ted” had a brilliant career as a batter, playing for Sussex and captaining England in 30 of his 62 Test matches. After retiring, he was MCC President and also Chairman of Selectors for the England cricket team. Research Ted Dexter’s career and produce a display or podcast to celebrate it. Include in it what MCC stands for and what the MCC does.
- Find out more about the wearing of ties and other special pieces of clothing or uniform by members of sports clubs or teams. Why do you think they wear them? Can you see any connections with school uniform!? Discuss your ideas.
- Look up the Quilter, Linda Seward’s website. Design your own quilt to celebrate a sport that you love.
- Can you think of another object from the sporting past beginning with ‘Q’ that you can illustrate and describe?

# R



Rashford  
Banner  
(Football)



## Thinking further

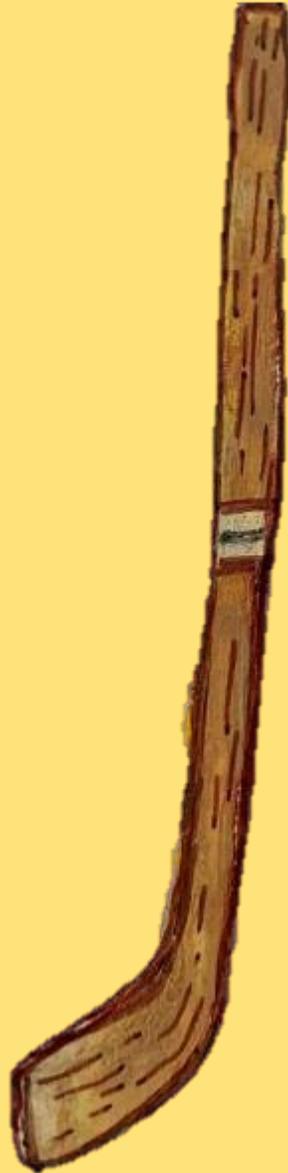


- The banner shows how a famous footballer can use their influence positively to speak out on an important issue that he feels passionately about and achieve change – in Marcus Rashford's case, child poverty.
- Research other leading sportspeople from either the present day or in the past who have used their fame and influence to campaign for change on an important issue. Produce a display showing who they are and what they campaigned about and achieved.
- Can you think of another object from the sporting past beginning with 'R' that you can illustrate and describe?



# S

## Shinty Stick



### Thinking further



Find out more about the sport of Shinty and why it is so important in local communities. A great starting point is: <https://www.highlifehighland.com/highlandfolkmuseum/camanachdcraic/>. Produce a display on your findings.



From your research, produce a poster explaining how Shinty is played.



Can you think of another object from the sporting past beginning with 'S' that you can illustrate and describe?

# T

# Trophy



## Thinking further



- Find out more about what happened to Northallerton Racecourse this fantastic trophy, starting with these two links:  
<https://www.thenorthernecho.co.uk/news/19248331.centuries-old-northallerton-horseracing-cup-sells-6k/>
- <https://www.darlingtonandstocktontimes.co.uk/lookingback/17001872.looking-back-racing-northallerton-racecourse-revived-150-years-ago/>
- Write your own newspaper article about the racecourse and the trophy.
- Research trophies from other sporting events. Create a display to show what you have found. Design your own trophy for a sporting event of your choice.
- Can you think of another object from the sporting past beginning with 'T' that you can illustrate and describe?

# U

## Unicorn



### Thinking further



- Animal characters have often been used as sporting mascots. Research examples and produce a display entitled 'Sporting Mascots – Past and Present'.
- Can you think of another object from the sporting past beginning with 'U' that you can illustrate and describe?

# V

Visor



## Thinking further



- Helen Wills, Venus Williams and Emma Raducanu are all brilliant tennis players from different periods. Do some further research and produce a display on 'The Greatest Women Tennis players of All Time'.
- In addition to visors, what other headgear is used in sport – in the past and in the present. See how many example you can find to discuss with a partner.
- Can you think of another object from the sporting past beginning with 'V' that you can illustrate and describe?

# W

## Wheelchair



## Thinking further

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- Wheelchair racing is featured in the Paralympic Games and the Major City Marathons.
- Find out more about the history of wheelchair racing and produce a display about its development, the use of technology and famous wheelchair racers from the past and present.
- The development of racing wheelchairs is a good example of how changes in technology and design can influence how sport is played. Think of other examples and do some further research to produce a display or write a blog about the history of sport and technology.
- Can you think of another object from the sporting past beginning with 'W' that you can illustrate and describe?

# X



Xray



- Mill Reef was one of the most famous and successful racehorse of all time.
- Find out more about him – and other famous racehorses from the past and present and produce a display showing what you have discovered.
- Changing medical technology, like X-rays, have played a major part in the development of sport over the years for humans – and animals, like Mill Reef. Research more about the relationship between medicine and sport over the years. Discuss or write a report or blog about what you have found out.
- Can you think of another object from the sporting past beginning with 'X' that you can illustrate and describe?



# Y



Yogi Glove

## Thinking further



- 'Yogi' Berra is seen as one of the most famous Baseball players of all time. Research more about his life and achievements, as well as those of at least two other famous players from the past and produce a display to compare them.
- Research the rules of Baseball and produce a display summarising how the game is played for someone who has never seen or played it before.
- There has been much discussion about how the game of Baseball started and became so popular in the United States. Research and find out more to produce a newspaper article about its origins through to the present day.
- Can you think of another object from the sporting past beginning with 'Y' that you can illustrate and describe?

# Z



Zigzag  
Ball

## Thinking further



- See if you can find images and reports from the games where the Zig-Zag was used and produce a display on the 'History and importance of the Zig-Zag Football'. You may also find old football team photos with the captain holding a Zig-Zag ball!
- Why do you think William Sykes business expanded into sports manufacturing from the 1870s onwards? Do further research on the growth and development of sport from the late-19<sup>th</sup> Century and write a blog!
- Research more about how footballs have changed over time, including the use of new technology. Produce a display on 'The History of the Football'.
- Design a Football for use in your matches at school, or for a game you are looking forward to playing or watching.
- Can you think of another object from the sporting past beginning with 'Z' that you can illustrate and describe?