

Teacher's Guide

Acts of Sporting Kindness

Overview

This resource is inspired by the 'One Kind Word' theme of the Anti-Bullying Alliance's 2021 Anti-Bullying Week programme.

It uses 'acts of sporting kindness' from the past to encourage pupils to reflect on the theme, both in relation to sport itself and its wider application to their own and others' behaviour inside and outside of school.

As such, it is suitable as the basis for tutorial and personal development activities for Key Stages 2-4.

Any of the individual acts of kindness - or the group of 5 as a whole - could additionally be used as stimulus and content for a themed assembly.

Guide to Use

The resource is designed to be used as a group discussion activity.

Split the class into groups according to size/choice, with each group considering one of the 5 Acts of Sporting Kindness on the separate resource cards. More than one group could work on one card, comparing and contrasting their responses. All cards have a common set of **Think...** reflection questions.

Pupils could be asked to research each of the individual acts of kindness on the cards further as extension. The following provide starting points that could be shared:

Abbey D'Agostino and Nikki Hamblin

<https://www.youtube.com/watch?v=dCVIRFWOjgE>

<https://www.youtube.com/watch?v=7wdHGhso0XA>

Andrew Flintoff and Brett Lee

<https://www.youtube.com/watch?v=VV92vu9WJyo>

(For KS3 and 4 use - note Lee in comments says Flintoff said 'you little bugger')

Luz Long and Jesse Owens

<https://www.youtube.com/watch?v=O7qXP1ywhM>

<https://youtu.be/quQopJmQry4>

Matthew Rees and David Wyeth

<https://www.youtube.com/watch?v=WBTTv2-UWak>

<https://www.theguardian.com/sport/video/2017/apr/23/london-marathon-runner-helps-exhausted-athlete-finish-race-video>

Shawn Crawford and Churandy Martina

<https://www.thelancasternews.com/content/crawford-gives-silver-medal-martina>

Groups feedback on their responses to the **Think...** activities on each card to a full class plenary.

The **Thinking Further...** activities on the cards can be used as individual or whole class extension.