

# One Act of Sporting Kindness

## Event:

Andrew Flintoff and Brett Lee - 2005 Ashes

In the heat and height of competition, sport has always also offered the opportunity to develop friendships and for individuals to show values-inspired acts of respect and generosity of spirit.

## Think...

- What values and behaviours do you feel are being shown in this example?
- What inspired it?
- How does it inspire you?
- What can we learn and apply from it to our lives?



Ashes Test cricket matches have created many memorable moments over the years since they were first played in 1877. The clashes between England and Australia have been full of historic matches, tremendous performances, controversies, and much more besides. The cricketing world was treated to yet another of those special moments on 7 August 2005. On this day, the Second Test of the series ended in a famous victory for England. The 2005 Edgbaston Test is remembered for a number of reasons, from England's nail-biting two-run victory to the special act of sportsmanship shown as Andrew Flintoff consoled a dejected Brett Lee.

This moment took place after the final dismissal. Lee, best known as a fast bowler, had batted brilliantly to score 43 and take Australia to the brink of an unlikely victory. Whilst the other England players wildly celebrated, Andrew Flintoff instead first went over to console the Australian player. The image of the England all-rounder on his knees, consoling the crest-fallen Brett Lee has become one of the most memorable symbols of sportsmanship in the Cricket.

## Thinking further...

- Research more acts of sporting kindness. Create a 'Museum of Sporting Kindness' display in your classroom or school to celebrate the behaviours and values that they show - and how these are also relevant to our behaviour towards one another today.
- Record your own experience of acts of sporting kindness - those shown towards you, and those that you have shown towards other - as a blog, vlog or poster for sharing or display.